

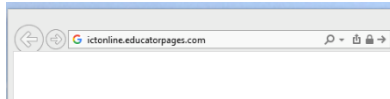
Homework: Sitting at a Computer

You can complete these homework tasks on a computer, laptop, tablet or smartphone

There are many Health & Safety practices to think about when using a computer. Sitting properly is one of them.

Type the address: **ictonline.educatorpages.com** into the address bar of your browser.

The address bar is generally at the top left-hand side.



Click the Computer Safety tab.



Then click: Sitting at a computer.

Look through the webpage and the examples of tips on working comfortably.

TASK: Make a list of the top six tips in the spaces below that would be most helpful for you when using a computer.

1

2

3

4

5

6